

Nourished by Céline
Raw & whole food chef

Presents

Plant-based Cookery Class

A jam packed session, including:

- How to cook 6 recipes; an immunity shot, dressings, a main course, snacks and a dessert
- How to eat with the seasons
- How to engage with local producers
- Food waste hacks
- Kitchen & cupboard plant-based essentials
- Meal inspiration
- Benefits of plant protein

Lunch on the day will be included


NOURISHED
BY CÉLINE

Location: Manor farm, Grantham

Date: Saturday 22nd January

Time: 10am - 1pm

Price: £100 per person

